

WINTER/SPRING 2010
 SATYA YOGA SCHEDULE
 WWW.SATYAYOGAVT.COM



Heidi Bock, Certified Instructor

LOCATION	MON	TUE	WED	THU	FRI	SAT
All Souls Interfaith Gathering in Shelburne	6:30-8 p Level I/II		8:30-10 a Level I		8:30-10 a Level I/II	7:30-9 a Level I
The Dhatri Foundation in S. Burlington		8:45-9:45 a Beginners				